

## **Kit List**

**Day One** - All students dressed ready to walk. TIME IN ALC PRIOR TO DEPARTURE TO CHECK AND EQUIP WHERE NEEDED

- Walking boots or tough trainers (If weather is dry, tough training shoes may be suitable but don't assume they will cope in wet weather)
- Thick walking socks, (you will be walking every day so you need make sure your feet are comfortable).
- T shirt or long sleeved base layer
- Non-denim trousers

<b>DAY SACK- WALKING. Small back pack</b>	<b>Overnight KIT – Small back bag or holdall</b>
Waterproof coat & Trousers Packed lunch Drinks bottle (at least 1 litre) Snacks Personal medications Pen/ pencil/ paper (other equipment your team need for enquiry) Sun hat/ sun cream Warm hat (i.e. beanie) Spare socks Warm jumper or fleece Bin liner to line the inside the rucksack to keep everything dry	Spare socks x 2 Spare underwear x 2 Sleeping bag Warm clothing to sleep in Basic toiletries Pillow Warm jumper Torch or headtorch Carrier bags for dirty clothes x 2 Spare outdoor shoes (in case walking shoes get wet) Slippers or indoor shoes (a pair of flipflops or similar could be your only spare) Spare set of walking clothes for day 2 Casual outfit for the centre Towel Reading book

**Please do not go out and buy anything especially for the residential. We have a large supply of spare equipment that we are happy to loan. Tutors will go through the kit list with their tutor groups, and make note of what kit individuals require. This will then be ready for their residential.**

### **MOBILE PHONES:**

\*We strongly recommend mobile phones are left at home as there is nowhere secure to keep them and they are at risk of being lost or damaged. Students would be allowed to take photos on them (or bring a cheap camera) but won't be allowed to use them generally through the day (as in school) and would only be allowed a short window on the night they stay at Bachelors hall to make a quick phone call home if signal permits! \*