

Dylan 10ADF, has been training mid -week for the 2020 event Since November 2019.

Usually this involves a 30-40 minute walk around school and town footpaths, in order to re-inforce his ability to walk at a steady pace and to 'hand rail' his route, so he can walk in a straight line.

Wandering into a gulley on Dartmoor is not a good idea!

In addition, he has 6 x Sunday expeditions and 2 practice camps to complete before the event itself on **Saturday May 2nd**.



So far, he has completed expeditions 1 and 2 'off moor', which have had to be adapted to local routes, due to extreme weather conditions.

The expeditionary work helps him learn to cope with varying weather patterns, also knowing what to wear and when. This of course includes what to have in his ruck sack to ensure his survival.

Keep up with his progress on the College face book page.

His next expedition will be at Bellever on **Mar. 1st**.

