

Menu

Launceston Trust Menu 2022



Week: 2

						
Main course	Meat	Meatballs in Tomato Sauce	Chicken Fajita	Roast Beef with Yorkshire Pudding	Hunter Chicken Burger	Pork Sausages
	Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Cod in Batter
	Vegetarian	Quorn Meatballs in Tomato Sauce(V)	Vegetable Fajita(V)	Broccoli and Cheese Pasty(V)	BBQ Vegetable Burger(V)	Mozzerella Sticks (V)
	Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
Starchy food	Pasta	Hash Browns	Roast Potatoes	Spicy Wedges	Chips	
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	
Vegetables	Peas	Broccoli	Cabbage	Sweetcorn	Peas	
	Carrots	Cauliflower	Carrots	Peas	Cauliflower	
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Pasta Salad	
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
Dessert	Chocolate Cookie	Apple Flapjack	Carrot Cake	Vanilla Muffin	Jam Sponge and Custard	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	
Grab & Go (Hot)	Jumbo hot Dog Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	BBQ Chicken Wrap Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Filled Panini Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	Sausage Roll Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	BBQ Chicken Wrap Bacon Roll/Hot Dog Filled Bagel French Bread Pizza	

	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty Star Wrap	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty Star Wrap	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty Star Wrap Sausage Roll	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty Star Wrap	Toasted Sandwich Bacon Bites Chicken Burger Cheese and Tomato Pizza Ham and Cheese Bagel Filled Jacket Potatoes Pasty Star Wrap
Grab & Go (Cold)	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Drinks	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians