

Advice for parents/carers of students with dyslexia and/or dyslexic tendencies

- Try to do school work earlier in the day rather than later as your child may get tired
- Your child may have good or bad days for no apparent reason
- **Be positive**
- **Use praise** to boost self-esteem, praise even small achievements
- Encourage your child to **read regularly** and use appropriate books
- It may take your child longer to do reading and writing tasks so make allowances for this and have a **clear time limit**
- Allow your child to do chunks of work at a time to break up the work
- **Key word lists** for language/vocabulary will be helpful
- Your child may have a **coloured overlay** which they use in school or the computer screen background colour can be changed
- Focus on what your child is good at – dyslexics are often creative and encourage them in their interests
- Lots of people have dyslexia and it affects everyone in different ways

Joy Tocknell

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